## **2025** 11th National Suicide And The Black Church Conference

June 10 – June 11 2025 (Tues & Wed)

**Conference Site** Southwest Tennessee Community Colleg 5983 Macon Cove, Memphis TN 38134

Host Church The Healing Center 3885 Tchulahoma Road, Memphis, TN 38118 www.suicideandtheblackchurch.org

### A MESSAGE FROM CO-FOUNDER PASTOR DIANNE P. YOUNG



Welcome to the <u>11<sup>th</sup> National Suicide and the Black Church Conference, 2025</u>! This year the journey of saving lives that began in 2003 continues. After experiencing the pain and stigma of suicide with a member of our congregation in 2002, my husband and I realized this was a subject that needed to be addressed, and we knew it would take courage to do so with the negative assumptions and beliefs associated with this issue. My husband, Bishop William M. Young, transitioned October 10, 2022, but our work connecting emotional, physical and spiritual health continues.

Suicide is one of the leading causes of death in the United States. It is the second leading cause of death for people aged 10 to 34. The highest rate of suicide occurs in people 75 years of age or older. The impact of suicide in communities makes suicide a serious public health problem. By being equipped with information, we position ourselves to successfully save lives.

This Conference allows us to have open dialogue about suicide and gives us the opportunity to address factors that contribute to the hopelessness that is so pervasive when this decision is made by individuals. We have used our personal story to pave the way for others to be transparent with their stories. Recognizing the power of connection, we have chosen for a theme this year "<u>Together We Stand!</u>" A unified front continues to be a major contributor to any of life's victories.

On behalf of our team, the State of Tennessee and our incredible Sponsors, we welcome you to this informative and life changing Conference. A special thanks to the APAF (American Psychiatric Association Foundation), who elevated this Conference to a higher level, by providing some of our country's renown clinicians to join our team of presenters. It is important that we fight the good fight <u>TOGETHER</u> because where there is unity, there is strength.

Now fasten your seat belt and get ready for an informative ride at the 11<sup>th</sup> National Suicide and the Black Church Conference 2025!

Pastor Dianne P. Young Co-Founder, Suicide and the Black Church Conference



SCAN For A Complete Copy Of The Conference





## WELCOME from the GOVERNOR

Dear Faith Leaders,

It is my honor to welcome you to the 11<sup>th</sup> National Suicide and the Black Church Conference in Memphis, Tennessee. Our state takes great pride in fostering an environment where mental health is prioritized, resources are strengthened, and communities are encouraged to lend a helping hand to those in need. We are thrilled you've chosen to gather here!

Each of you brings invaluable expertise and the heart to make a difference in this vital work. Through faith, we know lives can be changed and a sense of hope restored when it otherwise seemed impossible.

Thank you for your dedication to the ministry and for choosing to be part of this event. Tennessee welcomes you as "Together We Stand" with the shared mission of preventing suicide while strengthening our communities through care and understanding.

Maria and I send our best wishes for a productive and inspiring conference.

Warmest regards,

su lee

Bill Lee





# WELCOME from the COMMISSIONER

Dear Friends and Colleagues,

On behalf of the Tennessee Department of Mental Health and Substance Abuse Services, I want to welcome you to the 11th National Suicide and the Black Church Conference.

As people of faith, we are called to stand with our Sisters and Brothers who may be suffering, who feel outcast and alone. We are called to stand and to witness to the love and compassion that God has shown us to persons who have been stigmatized by society, people who have been cast aside because of trauma, addiction, and mental illness. And yet, we stand. While we may come from different faith traditions, backgrounds, upbringings, and experiences, we truly stand together, both at this conference and in our communities to support persons who have lost all hope. The work you have done over the years and continue to do in your communities demonstrates your care, compassion, and love. Through these efforts, we say with one voice to those who are hurting or struggling, "Help and hope are available. "

We are so grateful to Senior Pastor Dianne Young and Gwen Hamer from our team and the many hands who have made this conference a success now for more than two decades. May your time at this year's conference be blessed and may your time here turn into life-saving lessons for those we are all called to serve.

Marie Williams, LCSW TDMHSAS Commissioner



#### STEVE COHEN

9TH DISTRICT, TENNESSEE 2268 RAYBURN HOUSE OFFICE BUILDING WASHINGTON, DC 20515

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#### Congress of the United States

House of Representatives Washington, DC 20515-4209



June 10, 2025

#### COMMITTEE ON THE JUDICIARY

COMMITTEE ON TRANSPORTATION AND INFRASTRUCTURE

COMMISSION ON SECURITY AND COOPERATION IN EUROPE (U.S. HELSINKI COMMISSION)

#### Dear Friends:

On behalf of the citizens of the 9th Congressional District of Tennessee, it is my distinct privilege to welcome you to the 11<sup>th</sup> National Suicide and the Black Church Conference June 10-11 (Tuesday and Wednesday) at Southwest Tennessee Community College's Macon Cove Campus. This year's theme is "TOGETHER WE STAND."

Hosted by the Healing Center Full Gospel Church, the late Dr. William M. Young Sr. and his wife, Pastor Dianne Young, organized this conference more than two decades ago to promote education and awareness and to help prevent suicide in our community.

Again, thank you for coming to the 11th National Suicide and the Black Church Conference. With your help, we can make an impact on our communities.

As always, I remain,

Most sincerely,

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Steve Cohen Member of Congress



PAUL A. YOUNG MAYOR



April 21, 2025

#### Greetings,

On behalf of the residents of the great City of Memphis, welcome to the 11<sup>th</sup> National Suicide and the Black Church Conference! This event continues the legacy started by my parents, Bishop William M. Young Sr. and Pastor Dianne Young in 2003 with the ultimate goal to eradicate suicide and improve mental health in the Black community.

The conference theme, "Together We Stand" will include a diverse array of presentations on subjects that are imperative as we address suicide, recognize when intervention is needed, and help attendees incorporate suicide prevention into general health and wellness plans.

Although the purpose of your visit is serious and life changing, I hope that you will have time to relax and enjoy your time in our city. I encourage you to visit Beale Street, the National Civil Rights Museum, Graceland, the Museum of Science and History, I AM A MAN Plaza, the award-winning Memphis Zoo, the Memphis Botanic Garden, Sun Studios, and the Brooks Museum for unique inspiration and entertainment. Then, be sure to enjoy a stroll on our Riverfront, a taste of our World-Famous BBQ, and our great city's spirit, vitality, and tradition.

Thank you for your commitment to raising awareness and establishing advanced approaches for intervention and prevention of suicide. Best wishes for an informative, educational, and successful conference.

Since oung Mayor

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## Shelby County Government

LEE HARRIS MAYOR



June 10, 2025

Dear Friends:

As Mayor of Shelby County, it is an honor to welcome you to Memphis and Shelby County for the 11th National Suicide and the Black Church Conference. This year's theme is *Together We Stand*, and it promises to bring together leaders from across the state and country to learn from one another and discuss best practices to help those who often suffer in silence. The conference's forums have been thoughtfully designed to help educate, enlighten, and empower a wide array of attendees.

For those of you visiting our community, I hope you take the time to discover and enjoy all that makes Memphis and Shelby County a great place to live and work including the National Civil Rights Museum, Elvis Presley's Graceland, live performances on Beale Street, and mouth-watering barbeque.

Again, welcome to Memphis and Shelby County. Please accept my best wishes for a meaningful and memorable conference.

ee Harris Mayor

LH/mh

VASCO A. SMITH, JR. ADMINISTRATION BUILDING 160 North Main Street, 11th Floor + Memphis, TN 38103 + 901-222-2000 + Fax 901-222-2005 www.shelbycountytn.gov



Dear Pastor Young,



It is with great pleasure that Alliance sponsors the Suicide and the Black Church Conference! I always look forward to hearing words of inspiration from others who are champions for mental health.

This year's theme, *Together We Stand*, is a testament to your work for and with the community. Your work expands outside of Memphis as you travel nationwide and teach other ministers, organizations, and churches your message of hope and how to get there.

People trust your voice and know that what you and your late husband, Bishop William Young, built continues to save lives daily. The stigma around mental health continues; however, the work you have done in this space has not only inspired but also empowered individuals and families within the black church to seek help for their mental health. Your efforts have made a significant difference in our community.

This conference brings great speakers who educate and inform us about the importance of suicide prevention and meet people where they are on their journey to wellness. There is no one-size-fits-all, as each road to recovery looks different for each individual. It takes a collective effort to make a significant impact, and we at Alliance are committed to working with you and other community partners to remove barriers to accessing mental health care. Your role in this collaboration is crucial, and we are grateful for your continued support.

Thank you for your unwavering commitment to championing mental health through this conference. Your dedication and passion are truly inspiring, not just to me, but to so many others. It is clear that it takes all of us working together to lift our community and save lives, and your leadership in this endeavor is greatly admired.

With much love and respect,

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Laurie Powell, CEO Alliance Healthcare Services



P.O. Box 780 • Memphis, TN 38101-0780 • (901) 333-5000 • www.southwest.tn.edu

Dear Conference Participants and Honored Guests,

On behalf of Southwest Tennessee Community College, it is my honor to welcome you to the 11th Annual Suicide and the Black Church Conference. We are pleased to be a part of this event, as the host site on our Macon Cove Campus. The theme, **"Together We Stand,"** resonates profoundly as you unite to address issues that deeply affect our communities.

I commend the conference organizers for their unwavering commitment and vision in convening an event of such magnitude. This conference stands as a testament to the power of collaboration and compassion. It demonstrates that, together, we can break the silence, challenge stigma, and foster environments where every individual feels valued, supported, and understood.

As you embark on this year's conference, I wish you much success in your sessions, workshops, and conversations. May your collective work continue to inspire change today and in all the years to come, as you address the growing need for mental health awareness and support in our communities.

Thank you for choosing Southwest as your host. We are proud to stand with you in this important mission.

With warmest regards,

Juny D. Hall

Tracy D. Hall, Ed.D. President Southwest Tennessee Community College

OFFICE OF THE PRESIDENT

Macon Cave Campus + Union Avenue Campus + Fayette Site + Gil Center + Maxine A. Smith Center + Millington Center + Whitehaven Center

Southwest Tennessee Community College, a Tennessee Board of Regents institution, is an affirmative action/equal opportunity college.

CONFERENCE GUEST 11th NATIONAL SUICIDE AND THE BLACK CHURCH CONFERENCE

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#### REGISTRATION 11:00 AM – 12:55 PM

#### 11th NATIONAL SUICIDE AND THE BLACK CHURCH CONFERENCE PROGRAM

#### FACILITATORS OF PROGRAM

#### Music: Brown Four, Memphis, Tennessee

Atha Stewart, MD Center for Youth Advocacy and Well-Being Senior Associate Dean for Community Health Engagement University of Tennessee Health Science Center

Monty Burks, CPRS, PLC, PhD Deputy Director of The Governor's Faith Based and Community Initiatives State of Tennessee

Opening Prayer ...... Pastor Melvin D. Watkins, Jr. Senior Pastor, Mt. Vernon Baptist Church (Westwood)

#### WELCOME TO MEMPHIS TENNESSEE (1:00 PM - 1:45 PM)

Pastor Dianne P. Young, BA, MCCP, CWC Co-Founder of Conference, The Healing Center Memphis Dr. Michael D. Boyd, PhD, Certified CIO, AVP Administrative Services, Tennessee Community College Honorable Shelby County Mayor, Lee Harris Honorable City of Memphis Mayor, Paul Young 9<sup>th</sup> District Congressman Steve Cohen State Representative Karen Camper

TRIBUTE: BISHOP WILLIAM M. YOUNG, CO-FOUNDER, SUICIDE & THE BLACK CHURCH Dorcas Young Griffin, BA, MPA, Deputy Chief Administrative Officer, Shelby County Government

Suicide in the Black Community ...... Victor Armstrong, MSW, Vice President, for Health Equity and Engagement American Foundation for Suicide Prevention, Las Vegas, NV

The Role of the Black Church in Promoting Mental Well-being ....... Sherry Davis Molock, PhD, M. Div Associate Professor, Department of Psychological & Brain Science George Washington University, Washington, DC

AMERICAN PSYCHIATRIC ASSOCIATION FOUNDATION MENTAL HEALTH, PHYSICAL HEALTH AND FAITH CONNECTING TO IMPROVE OUTCOMES (1:45 PM – 2:00 PM)

Lorenzo Norris, MD, Interim Senior Associate Dean for MD Programs, George Washington School of Medicine & Health Sciences, Washington, DC

Music: Brown Four, Memphis, Tennessee

A PASTOR'S STORY AS A SURVIVOR

#### 2:00 PM - 2:30 PM

Pastor Frank Stevenson, Senior Pastor, Friendship Baptist Church, Nashville, TN

#### FAITH LEADER AND FATHER COPING WITH LOSS BY SUICIDE

Pastor Steven B. Young, Ardmore Terrace Baptist Church

Music: Brown Four, Memphis, Tennessee

#### PANEL OF PASTORS "DOES THE CHURCH NEED A PARADIGM SHIFT IN THEIR APPROACH TO ADDRESSING MENTAL HEALTH?" 2:45 PM – 3:45 PM





Pastor Melvin Watkins



Pastor Kelvin Bowen



Dr. Kia Conerway



Dr. J. Lawrence Turner

Pastor Kelvin Bowen, Christ Fellowship Church (Memphis) Pastor Melvin D. Watkins, Jr., Mt. Vernon Baptist Church (Westwood) Dr. Kia Conerway, The Church at the Well Dr. J. Lawrence Turner, Senior Pastor, Mississippi Blvd. Christian Church

Facilitator: Pastor Frank Stevenson, Friendship Baptist Church (Nashville) Facilitator

#### DAY ONE WRAP LAUGHTER IS DEFINITELY "<u>GOOD MEDICINE</u>"! 3:45 PM – 4:30 PM

Comedian Sylvia "Small Fire" Holloway

#### **REGISTRATION 8:00 AM WEDNESDAY OPENING "MORNING GLORY" 9:00 AM**

#### TOMORROW IS T-SHIRT WEDNESDAY (T-Shirts are on sale in the lobby)

#### 11<sup>th</sup> NATIONAL SUICIDE AND THE BLACK CHURCH CONFERENCE PROGRAM WEDNESDAY, JUNE 11, 2025, 9:00 AM – 4:00 PM

#### FACILITATOR: Dorcas Young Griffin, Deputy Chief Administrative Officer, Shelby County Government 9:00 AM- 9:55 AM

Opening Prayer	Pastor Shelia Floyd Pastor, Pursuit of God Ministries
Making A Difference: Together We Stand – HOW FAITH AND MENTAL FITNESS FUEL A LIFE OF PURPOSE Rawle Andrews, Jr., Esq., Executive Director, American Psychiatric Association Foundation	
A Student Survivor Story	Mr. Robert Briggs Graduate: LeMoyne Owen College 2025
Introduction of Morning Glory Speaker	ference Co-Founder, Pastor The Healing Center
Selection	Vocalist Gwen Turner New Friendship M. B. Church
Morning Glory Speaker	Rev. Dr. Chris Davis Senior Pastor, St. Paul M. B. Church President, LeMoyne Owen College
Selection	Vocalist Gwen Turner New Friendship M. B. Church

#### LET THE WORKSHOPS BEGIN ...

MORNING WORKSHOPS 10:00 AM – 10:50 AM

Recognizing the Signs of a Suicidal Person & How To Communicate (10AM) Dr. Donna Barnes, President, Co-founder, NOPCAS, Washington, DC	. ROOM 171
<b>Challenges for Veterans and Families from PTSD and War</b> Dr. Kristen Phillips, Suicide Prevention Coordinator, Memphis Veteran's Administration	<b>ROOM 173</b>
<b>QPR (Question, Persuade, Refer): Practical &amp; Proven Suicide Prevention Techniques</b> Arsania Wright, Tennessee Faith Based Community Coordinator Shelby County	ROOM 175
<b>Fundamentals and Essentials for Grant Writing</b> Peter Hossler, PhD, Professor, Rhodes College	ROOM 177
Ministering to the Mentally and Emotionally Unwell Pastor Frank Stevenson, Senior Pastor, Friendship Baptist Church (Nashville)	ROOM 179
<b>U S National Strategy for Suicide Prevention: Care Connect, Collaborate</b> Alex Crosby, MD, MHA Professor, Morehouse School of Medicine	<b>ROOM 186</b>
<b>Recognizing Mental Health Disorders</b> Dr. Lorenzo Norris, Interim Senior Associate Dean for MD Programs, George Washington School of Medicine & Health Science, Washington, DC	ROOM 188

#### MORNING WORKSHOPS 11:00 AM – 11:50 AM

Navigating Anxiety and Depression In The Workplace: Where Do We Go From Here Rawle Andrews, Jr., Esq., Executive Director, American Psychiatric Association Foundation	. ROOM 171	
<b>Stand Up, Speak Up, Stop Bullying NOW!</b> Arlene Norman, MA, Founder, Healthier Future Consulting Services and Sales, Nashville, TN	<b>ROOM 173</b>	
Living and Leading Whole and Well Life: Introducing the Faith Guide 2.0 Amy Porfiri, MBA, Managing Director, American Psychiatric Association Foundation	<b>ROOM 175</b>	
Unite, Mobilize, Serve: Introduction to the Governor's Faith-Based & Community Initiatives Monty Burks, Ph.D., CPRS, Deputy Director, Governor's Faith-Based & Community Initiatives	<b>ROOM 177</b>	
<b>The Addicted Brain</b> Jamie Harper, CPRS, LPC, MS Director, Faith Based Initiatives, TDMHSAS, Nashville, TN	ROOM 179	
<b>Creating A Mentally and Healthy City for Our Children</b> Altha Stewart, MD, Sr. Assistant Dean, Community Health Engagement, Founding Director, Center for Youth Advocacy and Well-Being, UTHSC	ROOM 186	
<b>Partnering With The Black Community To Reduce Suicide</b> Victor Armstrong, MSW, Vice President, Health Equity and Engagement American Foundation for Suicide Prevention	ROOM 188	
CONFERENCE FELLOWSHIP LUNCHEON 12:00 PM – 1:30 PM		

#### FACILITATOR Stan "The Bell Ringer" Bell, WDIA 1070 Morning Show Host

Blessing of Food	 Rev. Norma Cole Meadows
	New Sardis M B Church

#### LUNCH IS SERVED

"TOGETHER WE STAND" Commissioner Marie Williams, LCSW Tennessee Department of Mental Health and Substance Abuse Services	
Selection	Vocalist Kevin Whalum New Olivet Worship Center cian: Garry Goin)
Introduction of Speaker	Pastor Dianne P. Young, BA, MCCP, CWC Director, The Healing Word Counseling Center Pastor, The Healing Center, Memphis, TN
Speaker	Natasha Bowman, JD, SPHR Consulting Group, International Speaker, New York, NY
Selection	Vocalist Kevin Whalum New Olivet Worship Center

#### -RESUME WORKSHOPS-

AFTERNOON WORKSHOPS 1:30 PM – 2:20 PM	
No Wrong Door: Everybody Deserve Quality Mental Health Care Laurie Powell, MSSW, LCSW, CEO, Alliance Healthcare Services	ROOM 171
<b>What About Grief?</b> Dr. Carla Norton, MDiv, DMin, BCC, Clinical Chaplain Memphis VA	<b>ROOM 173</b>
Signs of Depression in Children and When To Seek Help Alicia Barnes, MD, Child Psychiatrist, University of Tennessee Health Science Center	<b>ROOM 175</b>
<b>Avoiding Clergy Burnout</b> Dr. Jermine Alberty, BA, MDiv, Executive Director, Pathways to Promise, Las Vegas, NV	<b>ROOM 177</b>
Mental Health Interventions The Church Can Do Dr. Sherry Molock, PhD, Associate Professor, Dept of Psychology George Washington Universi	
<b>What Is Hope and Why It's Crucial In Faith</b> Dr. Lena Green, Executive Director, Hope Center, Harlem, New York	<b>ROOM 186</b>
<b>Start to Thrive: A Guide to Transforming Your Mindset and Your Life</b> Natasha Bowman, JR, SPHR, Natasha Bowman Consulting Group, International Speaker, Ne	
AFTERNOON WORKSHOPS 2:30 PM – 3:20 PM	
2:30 PM – 3:20 PM When Anger Hits Home: Anger Management Techniques	Group ROOM 173
2:30 PM – 3:20 PM When Anger Hits Home: Anger Management Techniques Dr. Scherri Culp, DBH, LPC-MHSP, ADS, EMDR-C, Executive Director, Recovery Associates O Trauma, Suicide and Violence: A Dangerous Link	Group ROOM 173
<ul> <li>2:30 PM – 3:20 PM</li> <li>When Anger Hits Home: Anger Management Techniques</li></ul>	Group ROOM 173 stice
<ul> <li>2:30 PM – 3:20 PM</li> <li>When Anger Hits Home: Anger Management Techniques</li></ul>	Group ROOM 173 stice ROOM 175
<ul> <li>2:30 PM – 3:20 PM</li> <li>When Anger Hits Home: Anger Management Techniques</li></ul>	Group ROOM 173 stice ROOM 175 ROOM 177

### <u>YOUTH SESSION</u> WEDNESDAY, JUNE 11, 2025 10:00 A.M.-2:00 P.M.

#### <u>ROOM(S) – 218, 220, 222</u>

#### Youth Presenters

Nichelle Foster, MFT, LADAC, II Health Manager in Behavioral Health and Wellness Metro Public Health Department (MPHD)

Latissa Marie Hall, HS, Min Program Manager for the Adolescent and Child Health Metro Public Health Department

Robert Savage, Community Health Educator Metro Public Health Department

Chris M Rhone, Care Coordinator, Opiod System of Care Process Program Metro Public Health Department

David Young, BA, MS, Co-Pastor, The Healing Center Family Therapist, Co-Pastor, Healing Center

#### <u>Agenda</u>

10:00 AM-10:30 AM: Ice Breaker and Introduction, Conversation with Sports Figure Guest
10:30 AM-11:30 AM: Mental Health, Self-Esteem and Suicide Awareness / Nichelle Foster, Latissa Hall, Robert Savage, Chris Rhone
11:30 AM-12 Noon: Potential to Purpose / David Young
12 Noon-12:30 PM LUNCH

12:45 PM-2:00 PM Vision Board Activity / Latissa Hall, Nichelle Foster

#### CLOSING DRAWING & CERTIFICATES 3:30 PM - 4:00 PM

Thank you to all attendees for choosing to spend this time equipping yourself with tools to help family, friends, coworkers and yourself. Also, a huge shout out to our vendors, presenters, volunteers and the Conference Committee for helping to enlarge our territory. May the Lord bless and keep you, make His face to shine upon you and be gracious to you; may the Lord turn His face toward you and give you peace. Mark your calendars now for <u>JUNE 16-17, 2027</u>!

### **2025 EXHIBITORS**

- 1. State of Tennessee
- 2. APAF (American Psychiatric Association Foundation)
- 3. Alliance
- 4. Blue Cross/Blue Shield
- 5. CAAPS
- 6. Kindred Place
- 7. Methodist Healthcare
- 8. University of Tennessee Health Science Center
- 9. Baptist Hospital
- 10. Tri-State
- 11. Bishop David Hall, Temple COGIC
- 12. Youth Villages
- 13. AGAPE
- 14. Behavioral Health/Suicide Prevention
- 15. YWCA
- 16. Tennessee Suicide Prevention/TDAS
- 17. Mental Health Co-op
- 18. Crisis Center
- 19. Clarvida
- 20. Behavioral Health Group Memphis North Treatment Center
- 21. Division Connectors Shelby County Government
- 22. West Foundation
- 23. Tennessee Voices
- 24.YMCA
- 25. Touch of Plush

### **Conference Committee**

Pastor Dianne P. Young, Conference Chairperson Gwen Hamer, Program Chair, Tennessee Dept. of Mental Health Sharon Richmond, The Healing Center (Program Designer) Mona Ford, The Healing Center Stanley Lipford, Alliance Healthcare Services Linda K. Brown, The Healing Center Pamela Berry Banks, Consultant Nichelle Foster, Metro Public Health Department, Nashville Audrey Elion, Elion Management and Consulting Co. Robert Savage, Metro Public Health Department, Nashville Jasmine Joyner, City of Memphis Eva Anderson, New Hope Baptist Church of Memphis

#### SPREAD THE WORD ... "THERE IS HOPE!" ...CONTINUE BUILDING NETWORKS TO SAVE LIVES....



## SOUTHWEST

#### **Campus Kids Comer**

Bert Bornblum Library (MLIB)	Room
Academic Support Center	Front Desk
Walk-up Help Desk	113
Macon Academic Building (MAA, MJ	AB, MAQ
Faculty Offices and Classrooms	
Freeman Building (MFr)	Room
Continuing Education	100
Sulcer Building (MSu)	Room
Distance Education	220
Farris Building - 1st Floor (FA)	Room
Cafeteria	1102
Adult Student Lounge	1102 A
Student Activities (ID Cards)	1105
Veterans Support Center	1106 A-8
Bookstore	1114
Auditorium	1201
Farris Building - 2nd Floor (FA)	Reom

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Cashier's Office	2032
Admissions and Records	2040
Welcome Center	2100
Financial Aid	2102
Meeting Rooms A, B, C	2120
Computer Lab (online registration)	2131
Student Success Center	2135
Transfer Center	2131
Advising and Courseling	2140
Veterans Affairs	2140
Career Services	2160
Testing Center	2182

Field House



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## LOOK WHO'S TALKING

Meet Our Guest Speakers and Facilitators.....



Recognized as a LinkedIn Top Voice for Workplace Mental Health, a Top 30 Global Guru for Management, and Top 200 Voices in Leadership, Natasha is highly regarded for her expertise in diagnosing workplace issues and providing proven solutions. Her ability to craft highly engaged cultures that truly value every employee's contribution has earned her the nickname "The Workplace Doctor."

As the President of The Natasha Bowman Consulting Group, formerly Performance ReNEW, Natasha has served clients such as 4A's, Forbes, Hearst Magazines, and R/GA. She brings a wealth of cross-sector experience and intellectual commitment to her work. She also serves as an adjunct professor of human resources at prestigious institutions, including Georgetown University, Fordham University, Manhattan College, and The Jack Welch Management Institute.

Natasha's impact extends beyond consulting and teaching. She is a sought-after international keynote speaker, sharing her passion for creating positive and engaging workplaces at Global organizations such as TedX, The HR Congress in Nice, France, Microsoft, Google, Trip Advisor, LinkedIn, and Oracle. Her expertise is regularly featured in national publications such as Forbes, Business Insider, U.S. News and World Report, The Wall Street Journal, Fortune, and Forbes.

As a three-time bestselling author, Natasha's latest book, CRAZY AF: How to go from being burned out, unmotivated & unhappy to reclaiming your mental health at work, became an Amazon #1 bestseller in 2023. Committed to promoting workplace equity and mental wellness, she is also the co-founder of The Bowman Foundation for Workplace Equity and Mental Wellness and a board member at NAMI-NYC.





#### Biography Marie Williams

Marie Williams, LCSW, was reappointed Commissioner of the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) by Governor Bill Lee on January 19, 2019. Ms. Williams was initially ap-

pointed to the position by Gov. Bill Haslam, effective October 22, 2016. She is the longest-serving Commissioner in the department's 70+ year history. She began her career in the mental health field in the 1990s in Memphis as a Case Manager working with homeless individuals diagnosed with mental illness and addiction concerns.

As Commissioner, Ms. Williams oversees and leads the department in its role as the state's public mental health and substance abuse authority with an annual budget of about \$680 million. She provides leadership and oversight to more than 1,850 full-time positions that assist individuals to secure treatment and recovery services for serious mental illness, serious emotional disturbances, and substance use disorders. In all, the department serves approximately 750,000 Tennesseans annually in partnership with more than 350 grant-funded, community-based providers and through its four Regional Mental Health. In her time as Commissioner, Ms. Williams has served as a leader in addressing several essential issues facing Tennessee including behavioral health workforce challenges, mental health struggles of youth and young adults, the opioid crisis, criminal justice reform, leveraging the abilities and resources of the faith-based community, and expanding peer-led services, but her career in behavioral health services has been marked by a special passion for housing with a legacy of establishing the Creating Homes Initiative which has leveraged more than \$1.3 billion to create more than 36,000 housing opportunities.

Commissioner Williams is the recipient of numerous professional and community awards from national and state groups including the Excellence in Advocacy Individual Achievement Award from the National Council for Behavioral Health, the George Goodman and Ruth P. Brudney National Social Work Award from Mental Health America, the Alumni Professional Achievement Award from the University of Tennessee Knoxville, and the Senator Douglas Henry Award for Service to Children and Families at Risk from the University of Tennessee College of Social Work.



#### Biography Pastor Dianne Young

Pastor Dianne P. Young, BA, MCCP, CWIC labored in ministry with her husband, the late Bishop William M. Young at The Healing Center Full Gospel Baptist

Church in Memphis, Tennessee, where she is proficient in organizing, unifying, and networking. Pastor Young currently serves as Senior Pastor. Pastor Young attended the University of Memphis, Light University and Tennessee State University. She attended Carolina University where she received her BA and Master Christian Counseling Psychology (MCCP). She received an honorary doctorate from St. Thomas Christian College in Jacksonville, Florida. She is a Certified Wellness Inventory Coach and Certified Marriage and Family Counselor. She is also a member of the American Association of Christian Counselors. Pastor Young has preached and conducted many workshops and seminars across the country. She and her husband were co-founders of the National Suicide and the Black Church Conference. The first Conference was held in 2003 with about 50 attendees; it has since grown to over 400 attendees. Pastor Young served on the Board of Memphis Mental Health and as a member of the Tennessee Department of Mental Health and Substance Abuse Planning and Policy Council. Pastor Young currently serves as a member of the Board of Western State Mental Institute (Bolivar, Tennessee), West Cancer Foundation Board and was a Board Member of NAMI Tennessee and now serves as Advisor Pastor Young was named WMC-TV5 Hometown Hero, November, 2021. She was recognized by the National Association of Social Workers-Tennessee Chapter, as Public Citizen of the Year Award, in March, 2022. In 2023, Pastor Young was appointed to the Governor's Faith Based and Non-Profit Initiatives Board for the State of Tennessee. Pastor Young also serves on the board of Gilliam Communications and Alliance Health Care. In February, 2024, Pastor Young was recognized with the Sigma Rho Lambda Community Service Award by Men of Alpha Phi Alpha Fraternity, Inc. Currently she is COO, (Chief Operating Officer) for the Emotional Fitness Centers of Tennessee, the Wellness and Stress Clinic of Memphis and Project Manager, F.A.C.E.S. of Memphis, Shelby County's Family organization. She served as Customer Service Manager for the United States Postal Service in Memphis, Tennessee, Executive Director of Glorious Future Head Start, and Administrator of Heavenly Touch Center of Learning. She facilitates support groups, minis-terial training classes and individual and marriage counseling at The Healing Center's Counseling Center and, co-hosts the oldest Christian radio talk show every Sunday morning in the Greater Memphis, Mid-South area: "On The Road To Healing" for 30 years.

Pastor Young continues the work she and her husband, Bishop William M. Young, labored together building a network of saving lives for over 46 years prior to his transition October 10, 2022.



#### Biography Altha J. Stewart, MD

A leader and pioneer in her field, Altha J. Stewart, MD serves as Senior Associate Dean for Community Health Engagement at University of

Tennessee Health Science Center in Memphis. A nationally and internationally recognized expert in community and public health and mental health, children's mental health, trauma-informed care, and addressing health and mental health disparities, Dr. Stewart is also the founding director of the Center for Youth Advocacy and Well-Being and director of Public and Community Psychiatry at UTHSC. Since joining the UTHSC faculty in 2015 as the founding director for the Center, she has led programs funded at over \$15 million from federal, state, and private philanthropic sources. In her over 40-year career, she led several large public mental health systems in New York City and state, Detroit, Michigan, and Philadelphia, Pennsylvania, before returning to her hometown of Memphis, Tennessee in 2003. In 2017, Dr. Stewart made history when she became the first African American elected president of the American Psychiatric Association in the organization's 175-year history. She is currently president of the American Association for Community Psychiatry and past president of Black Psychiatrists of America, Association of Women Psychiatrists, and the American Psychiatric Foundation and is recipient of numerous awards. She serves on the boards of numerous local and national professional, academic, non-profit and advocacy organizations.



#### Biography Peter Hossler, PhD

Dr. Peter Hossler is an associate professor and Chair of the in the Urban Studies and Health Equity Programs at Rhodes College Dr. Hossler has a Ph.D. in geography from the Univer-

sity of Georgia. Prior to his arrival at Rhodes College he was a research associate in urban political economy in the School of Geographical & Earth Sciences at the University of Glasgow.

Dr. Hossler's research interests has focused on the development of health equity infrastructure for low-income communities with a focus on primary care and SUD/OUD treatment and recovery services. His most recent publications include an exploration of the impact of philanthropic foundations on the critical community resources in Memphis, TN.

He has served as the project director on numerous state and federal grants addressing substance use, covid-19 and the health equity. For example, he served as project director on both an RCORP Planning and Implementation Grants to increase the availability of evidence-based approaches to reducing the harmful impacts of risky substance use.

Additionally, he helped establish the Wellness and Stress Clinic of Memphis, a free primary care clinic in the Oakhaven community of Memphis, TN.



#### Biography **Jamie Harper**

Jaime Harper serves as the Director of the Office of Faith-Based Initiatives with the TN Department of Mental Health and Substance Abuse Services. His role includes

oversight of the Lifeline, Hybrid Lifeline, and Faith-Based coordinators as well as the Collegiate Recovery Initiative. Combined, this team of change agents break stigma, provide hope, help navigate recovery resources, and empower communities across the state of Tennessee to stand in the gap and create pathways to recovery. Jaime works to expand the knowledge base of Certified Faith-Based Recovery Partners and Certified Recovery Friendly Campuses as well as support the professional development of the team within the Faith-Based Initiatives. He is a Certified Peer Recovery Specialist and holds a master's degree in clinical mental health counseling from Lipscomb University with a specialization in addictions. He is a Nationally Certified Counselor, holds temporary Licensure as a Licensed Professional Counselor with Mental Health Service Provider (LPC-MHSP) designation, and provides addiction and clinical counseling to individuals and groups in the Nashville area. He has worked in recovery for the past twelve years and is in long-term recovery from substance use disorder and mental health diagnoses himself.



#### Biography Dr. Sherry Davis Molock

Sherry Davis Molock, Ph.D., M.Div., is an Associate Professor in the Department of Psychological & Brain Sciences at The George Washington University in Washington, DC. Dr. Molock graduated with honors from Dart-

mouth College in 1979, earned a master's degree (1981) and a doctoral degree in Clinical/Community Psychology (1985) from the University of Maryland, College Park. In May 2000 she graduated with honors with a Master of Divinity degree from Howard University.

Dr. Molock teaches undergraduate and doctoral courses in the field of clinical psychology and conducts research on the prevention of suicide and HIV in African American adolescents and young adults. Dr. Molock's work has appeared in a number of professional journals, has served on several local and national boards, and currently serves on the editorial board of the American Journal of Community Psychology. She also serves as a grant reviewer for NIMH, NIDA, CDC, and SAMHSA. She recently served as a member of the Scientific Work Group that served as advisors for the Congressional Black Caucus' Emergency Task Force on Suicide Prevention for Black Youth. Dr. Molock was recently awarded a FOCUS grant from the American Foundation for Suicide Prevention to implement suicide prevention programs for Black youth in predominantly Black churches.

In addition to her work in psychology, Dr. Molock and her husband, Guy Molock, Jr., are the founding pastors of the Beloved Community Church – United Church in Christ in Accokeek, Maryland. Their ministry focuses on "family healing" that is designed to bring spiritual, physical, and emotional healing to the community. She is the proud mother of the Molock Jewels: Amber, Jelani & Diarra and the proud "Mimi" of Makayla and Oliyah.



### Biography Arsania Wright, CPRS

Arsania is currently the TN. Faith- Based Community Coordinator for Shelby Co.

Before accepting this role, Arsania was a TN. Recovery Navigator for 4 yrs. In my current position I work with various Faith Communities of Shelby Co., helping them become Certified Recovery Congregations. She Provides education and access to resources, empowering Shelby County's Faith communities to be a valuable resource to their community.

Arsania has a passion for individuals struggling with substance use disorder and mental health because of her own struggles. By sharing her personal experiences, Arsania allows individuals to know that if she can overcome these barriers anyone can. Arsania is a Certified Peer Recovery Specialist (CPRS), a Certified Question, Persuade, Refer (QPR) suicide prevention trainer, a Certified Trainer for Mental Health First Aide-Adult.

Arsania has worked in the recovery field for over 10 years. Arsania is also a person in long-term recovery from substance use disorder and mental health challenges herself.





Dr. Audrey Elion is a native Memphian and a product of Memphis City Public Schools. She received her B.A. in Psy-

chology and M.A. in Counseling and College Student Personnel from The University of Memphis. Subsequently, she earned her Ph.D. in Counseling Psychology from Pennsylvania State University. She is the owner of Elion Management Consulting, LLC and Program Director for Sowing Justice. Dr. Elion is currently a substitute teacher, an Arise2Read tutor, and a Tn Achieves mentor with Memphis Shelby County Schools. She has over fifteen years of experience working with and for the school system. She was a candidate for school board for Memphis Shelby County Schools, District 5 in 2024. Dr. Elion is the Regional Chair of the Greater Memphis Region of the Tennessee Suicide Prevention Network and past chair of the Statewide Advisory Council of TSPN. Dr. Élion is the current secretary of the Tennessee Suicide Prevention Network (TSPN) Statewide Advisory Council. She serves on several boards and commissions in the Memphis area. Dr. Elion is an advocate for mental health, suicide prevention and environmental justice. She has received numerous awards and recognition for her leadership, volunteerism, and mental health services. Her most recent awards and recognition include the following: Service Award from The Tennessee Suicide Prevention Network and Appreciation Award from the Memphis Veterans Administration.



#### Biography Gwendolyn Miller

Gwendolyn Miller is a faith-driven counselor, speaker, and artist whose life journey reflects boldness, transformation, and pur-

pose. Originally from Arkansas, she moved to New York City after earning a B.A. in Mathematics Education from the University of Arkansas at Pine Bluff to pursue a music career, where she also encountered the life-changing message of the Bible and was baptized—beginning a 26-year walk as a disciple of Jesus. Gwendolyn later earned a master's in Pastoral Counseling and Spiritual Care from Fordham University and is now a Licensed Professional Counselor and founder of Love Abundantly Counseling, Inc., based in Bartlett, TN.

With certifications in DBT, grief counseling, and mindfulness, and is trained in CBT, TF-CBT, and PCIT. Gwendolyn uniquely merges biblical truth with clinical expertise to help others heal emotionally and spiritually. She is the visionary behind Love Abundantly Ministry, where she teaches, coaches, and empowers people from all walks of life to grow in intimacy with God, themselves, and others.

A transformational speaker, minister, teacher, singer/songwriter, and soul music artist, Gwendolyn is also the author of *Healing: Inside Out and Outside In* and *40 Years a Virgin: Why the Wait?!*—two powerful works available on Amazon that continue her mission of inspiring others to live whole and holy lives.



#### Biography David Young

David T. Young is Co-Pastor of The Healing Center with his mother, Pastor Dianne Young, appointed by his father Bishop William Young. David is a graduate of Ridge-

way High School, Lane College and Capella University. He is currently pursing his Doctorate at Capella University. David served as Pastor of Awakening Church in Holly Springs, MS. Most of his experience has been in the field of education and counseling service as an Alterative Behavior Specialist, Gang Specialist and Family Therapist for Freedom Prep School. Currently, he serves as Clinical Therapist with Crestwyn Behavioral Hospital.

David is a teacher of the Word of God as is known throughout the community, particularly in Oakhaven, for his passion for evangelism and taking it to the streets. He has a strong desire to help youth with their academic, personal and social needs. His mission is to create a plan for youth on the path to destruction by helping them realize their potential by focusing on their accomplishments and reflecting on past success. His dedication to the field of education and more specifically counseling is both proven and strong.

David is the husband of wife, Toya Young and the father of three beautiful children, Joshua, Destiny and Marcus Young.





Gwen Hamer, MA, CPC, is Director of Education and Development and Coordinator of Title VI Civil Rights Compliance for the Department of Mental Health and Substance Abuse Services (TDMHSAS). She

works closely with the TDMHSAS' Medical Director to develop educational programs which impact the continuum of mental health care in Tennessee. Mrs. Hamer also interacts closely with other State Departmental divisions, public and private agencies, and the faith community to facilitate TDMHSAS' involvement in community health initiatives that promote public awareness of/ and support for important mental health issues including suicide prevention. Mrs. Hamer co-chairs the Suicide Prevention in the African American Faith Communities Coalition in Nashville and chairs the Rutherford County Suicide Prevention Coalition. She assists with the coordination of the bi-annual Suicide Prevention conferences that include a number of faith leaders in Nashville and Murfreesboro. She is also a very active member of the Executive Planning Committee of the Suicide and the Black Church Conference (Memphis) and serves as the conference program chair. Mrs. Hamer is very passionate about the work of suicide prevention and civil rights compliance assuring that everyone who receives programs and services that are funded by the state or federal government receives equal treatment and services. Mrs. Hamer earned her BS degree in from Tennessee State University and her master's degree from Fisk University in Nashville, Tennessee.



#### Biography Robert Savage

Robert Savage is currently employed with the Metro Public Health Department in Nashville– Davidson County as a Community Health Educator. He has been in the division of Behavioral

Health and Wellness nearly 1 year. In his current role at the Health Department, Robert is responsible for connecting the Nashville Community to resources, services and educating members on these services. He also is responsible for bringing Collegiate sports programs together to discuss the impact of how maintaining your mental health is critical to your team's success.

Robert is a part of many initiatives at the Metro Public Health Department such as Suicide Prevention in the African American Faith Community Coalition (SPAAFCC), Strong Minds, Strong Men Mental Health Awareness Symposium. Also on the horizon is a program called Barber Shop Talk.

Robert Savage received his undergraduate degree from Tennessee State University (2011) in the field of sports medicine. Robert had the honor in playing in the National Football League for the Seattle Seahawks and the Carolina Panthers. Currently Robert is the host of "ROB-IS-Savage Podcast", which is seen globally. He was recognized as one of the top 40 under 40 in <u>Stay</u> <u>On The GO</u> magazine for Nashville's most promising young adults. Robert is community driven and never meets a stranger. He is the proud father of 2 young sons.



#### Biography Alex Erosby, MD

Alex E. Crosby, MD, MPH, was raised in Detroit, Michigan. He is the son of Emeral and Corene Crosby and is a husband and father of four children. He

graduated with a BA in chemistry from Fisk University, an MD from Howard University's School of Medicine, and an MPH in health administration and management from Emory University's School of Public Health. He completed training programs in Family Medicine then General Preventive Medicine and Public Health and epidemiology. Dr. Crosby has responded to numerous public health emergencies and led investigative teams, addressing adolescent suicide clusters, civil unrest, school-associated violence, sniper attacks, and firearmrelated injuries due to celebratory shooting, Hurricane Rita, and Ebola. He has authored or co-authored over 100 publications. His work as a medical epidemiologist focuses on prevention of suicidal behavior, child maltreatment, intimate partner violence, interpersonal violence among adolescents, and assault injuries among minorities.



#### Biography Colonel James Kirkwood

James E. Kirkwood is a retired Colonel and Pastor with over 40 years of dedicated service to the Memphis community.

During his 31-year tenure with the Memphis Police Department, where he achieved the rank of Colonel, Mr. Kirkwood fostered strong relationships with a diverse group of community stakeholders. This included pastors, parents, principals, politicians, partners, fellow police officers, and business owners. Through these collaborations, he developed a comprehensive safety plan focused on crime reduction in the Raines and Old Allen Station communities. His efforts successfully connected families and children with churches and community organizations, providing resources to address the root causes of disruptive issues and contributing to a fouryear decrease in crime.

Mr. Kirkwood is currently serving again as the Community Outreach Programs Manager for the Memphis Police Department. In this role, he continues to build partnerships with clergy and community stakeholders to collaboratively develop solutions for the crime and social challenges facing the city.

He also served as the Executive Director of the Memphis Christian Pastors Network, a non-profit organization committed to enhancing the well-being of Memphis. The network promotes collaboration among churches, businesses, and secondary educational institutions, focusing on bridging the racial divide within the church community to foster unity on critical city issues and alleviating poverty through career vocation and technology training.

Mr. Kirkwood holds a Master of Arts Degree in Leadership from Asbury Theological Seminary and actively contributes to the community by serving on the boards of the William R. Moore School of Technology, Vitalant Blood Donation Center, Leadership Memphis, Tennessee Builders Education Foundation, Thrivent Financial South Regional Board, and the Breakthrough Leadership Foundation Board.



Biography **The Brown** Four



#### Biography Dorcus Young-Griffith

**Deputy Chief Administrative Officer** – Mrs. Griffin was appointed as Deputy Chief Administrative Officer of Shelby County Government in January 2024. She has worked for Shelby County Govern-

ment for 17 years in various roles that include Public Health Coordinator, Ryan White HIV Program Administrator and Director for the Division of Community Services. Prior to joining Shelby County, Mrs. Griffin worked for the University of Memphis Center for Community Building and Neighborhood Action, Glorious Future Head Start and The Church Health Center. She has extensive experience in grants management, leadership, program planning, development, and implementation. Mrs. Griffin holds a Bachelor of Arts degree in Sociology from the University of North Carolina at Chapel Hill; a Master of Public Administration from the University of Memphis; and is currently a PhD student in Urban Affairs at the University of Memphis. Her community involvement includes serving on the Board of Directors for St. Mary's Episcopal School, the Children's Foundation of Mem-phis, the Memphis and Shelby County Crime Commission and the Community Foundation of Greater Memphis. She is also a graduate of the New Memphis Fellows Program and the Leadership Memphis Executive Program, and a member of Delta Sigma Theta Sorority, Inc.



#### Biography Dr. Carla Norton, D.Min, MDiv, BCC

Carla Norton, DMin, MDiv, BCC traces her narrative as she reflects on her journey as a Licensed and

Ordained Minister of the Christian Church (Disciple of Christ), Board Certified Chaplain and member of Association of Professional Chaplains and Counselors. She currently serves as a Clinical Chaplain at the Lt. Col. Luke Weathers, Jr. Veterans Administrative Hospital, and works closely with a multidisciplinary team providing holistic care to Veterans, their families, Associates, and with surrounding communities. Dr. Norton has been named the Minority Veteran Program Coordinator. The primary goal of the MVPC is to increase local awareness of minority Veterans related issues and develop strategies for increasing their participation in existing VA benefits programs for eligible Veterans. She also targets outreach efforts through community networks and advocate on their behalf She offers an ecumenical approach to diverse faith and beliefs addressing health needs, disparities as well as grief and loss. Dr. Norton is the author of the devotional Facetime with God. She and her husband are parents of two amazing young adult children.

The Brown Four are a singing group out of Memphis, Tn. The group consists of Daelin Brown, 13 years old, Daniya Brown, 12 years old, Deanna Brown, 10 years old and Davion Brown, 9 years old. They are the children of Pastor David Brown Jr. and Olivia M. Brown. They have been singing since they graced the earth with their presence however the group was officially established 6 years ago as they learned how to harmonize and gel together. They love to sing but most importantly they love the Lord!



#### Biography Rev. Dr. Christopher B. Davis, Sr.

A native of Proctor, Arkansas, Dr. Davis has served for over thirty years in congregational ministry. He was licensed in the gospel ministry in 1994, and subse-

quently ordained in 1996. He graduated with Bachelor of Arts degrees from both the University of Arkansas, Fayetteville and Arkansas Baptist College. He earned the Master of Arts in Religion degree (Cum Laude) from Memphis Theological Seminary in Memphis, Tennessee. In June 2007, Rev. Davis received the Doctor of Ministry degree with special emphasis on Preaching and Leadership from the United Theological Seminary in Dayton, Ohio. He is presently a candidate for the Doctor of Philosophy (Ph.D.) degree in Leadership, Union Institute and University, Cincinnati, Ohio. Additional studies were completed at Regents Park College, University of Oxford, Oxford, England, Kellogg School of Management, Northwestern University, and Harvard University, Graduate School of Education. He also holds the honorary Doctor of Divinity degree from Arkansas Baptist College

In addition to his work as a local church pastor, he also serves as President of the Tennessee Baptist Missionary and Educational Convention, Inc; General Secretary of the National Baptist Convention USA, Inc.; and the 14th President of LeMoyne-Owen College.

Dr. Davis has received numerous awards and recognition. One of the more notable includes being named one of the "20 to Watch" by The African American Pulpit Journal. This list is announced every three years and clergy throughout the country are nominated. Dr. Davis has been inducted into the Martin Luther King, Jr. Board of Preachers and Collegium of Scholars of Morehouse College. His sermons, Deliverance Brought by Death and Living on the Left Side of God have been published in the African American Pulpit Journal. Dr. Davis also previously served as a member of the advisory board of The African American Pulpit.



#### Biography Jermine Alberty

Rev. Jermine D. Alberty, M.Div., is a distinguished leader, speaker, author, and consultant committed to empowering individuals and organizations through faith, mental

health advocacy, and social justice. With over 30 years of experience spanning nonprofit leadership, faith communities, mental health, and government sectors, he has dedicated his career to bridging the gap between spirituality, emotional well-being, and community engagement.

Rev. Alberty holds a Master of Divinity from Central Baptist Theological Seminary and a B.A. in Business/Management from the University of Phoenix, blending spiritual insight with business acumen. His extensive experience includes roles as Executive Director of Pathways to Promise, where he advanced mental health services within faith communities, and Senior Director at the Missouri Institute of Mental Health, leading Mental Health First Aid USA program and other statewide initiatives and training programs. Alberty is also a National Field Ambassador for the American Psychiatric Foundation.

As the founder and host of the podcast The SALT Talk with Jermine Alberty, he fosters transformative conversations that inspire purpose, resilience, and personal growth. His work is grounded in the principles of Service, Affirmation, Love, and Transformation (SALT)—values that shape his mission to equip individuals and communities for holistic well-being.

Rev. Alberty's passion for service and transformation continues to drive his work, ensuring that individuals and communities have the tools needed to thrive. For more information, visit www.jerminealberty.com.





Amy Porfiri serves as the Managing Director of APAF, where she directs

and oversees the financial, operations, governance, and compliance functions for the Foundation. Amy is committed to strengthening and expanding the bridge between psychiatry and the community through her leadership of the APAF Mental Health and Faith Community Partnership, a collaboration of psychiatrists and faith leaders representing diverse faith traditions to develop educational tools and resources, including *Mental Health: A Guide for Faith Leaders*. In addition, Amy has managed special projects including the reestablishment of the Melvin Sabshin, M.D. Library & Archives.

Prior to joining APAF, Amy served as the Director of Finance and Administration in the APA Division of Research where she supported the development of DSM-5 and research grants. In 2018, Amy received the Melvin Sabshin M.D. Award, selected annually by the APA CEO/Medical Director, in recognition of one's dedication and extraordinary contributions to APA. Amy received an M.B.A. degree from University of Massachusetts and B.A. from Carleton College.



#### Biography Lena Green, MD

Dr. Lena L. Green currently serves as the Executive Director of the HOPE Center, a community based mental health clinic in Harlem, NYC con-

nected to the historic First Corinthian Baptist Church (FCBC). She is an associate professor and project manager in Population Health Science & Policy at Icahn School of Medicine at Mount Sinai Hospital and a clinical professor at both NYU and Columbia University schools of social work. In her more than 20 plus years of direct practice and management experience as a leader, clinician, professor and administrator, Dr. Green has had a tremendous impact on countless New Yorkers.

Her work encompasses the integration of faith-based mental health services, reducing mental health treatment disparities in communities of color, clinical interventions with various populations across the lifespan including interdisciplinary approaches for new and expectant parents.

Dr. Green holds both a doctorate and master's degree in social work from NYU, a BA in psychology from the University of Massachusetts at Amherst, post-master's certificates in Advance Clinical Practice from Hunter College, and the Treatment of Alcohol and Drug Addicted Clients from NYU. Dr. Green serves on several boards across the country including the American Psychiatric Association's Mental Health Services Committee, a nationally appointed position.



Sylvia M. Holloway a/k/a "Small Fire" formerly referred to as "Small Frie" (Small Fry), was born in Drew, Mississippi, and later relocated to Atlanta, GA at the age of 14. Shortly after attending college her fire for comedy was ignited. She gained national popularity with appearances on BET's Comic View, HBO's Def Comedy Jam, Bobby Jones Gospel, Vibe, The Wayans Brothers Show, It's Showtime at the Apollo, Uptown Comedy Club, and appeared in The Disney Movie "First Kid" starring Sinbad. She is also the voice of "Lil' D" on the Cartoon Network's Class of 3000. She is currently on the hottest gospel concert on the circuit, The McDonald's Inspiration Celebration Gospel Tour. In the midst of her successful career, Small Fire changed her moral approach to comedy and obtained the Freedom to Inspire and Redeem through Entertainment. She believes the comedy ministry is mostly received because it's not forced. You're laughing and before you know it you're inspired and encouraged. With her down-home southern charm and her unmatched ability to deliver a "hot" punch line with universal appeal " Small Fire" continues to light up the comedy world. Small Fire is very active in developing communities through her motivational speaking at various schools and conference speaking.



Marquiepta Odom-Williams currently serves as the Executive Director for the YWCA Greater Memphis (YWCA). The YWCA's primary focus is offering shelter and resources for victims in domestic violence situations. As a teenager, Marquiepta was exposed to domestic violence in her home. She was also a silent victim of domestic violence in her early twenties. Today, she is victorious and empowering people to become self -sufficient, and helping them overcome past hurts and pain. She believes there is purpose beyond pain as she helps rebuild lives, and helps people walk in victory.

Marquiepta graduated from Bethel University with a Bachelor of Science in Management and Organizational Development. She is a graduate of the Leading-Up Leadership Program sponsored by Momentum Non-Profit Partners. She is also a graduate of the Tommie Burks Academy, and is certified as a comprehensive specialist, (domestic violence, sexual assault, and program specialist) by the National Advocate Credentialing Program (NACP).

She is a co-author of Shattered by One's Touch. The book features ten women revealing their truths of traumas, triggers, and triumphs. Marquiepta tells her story, "From Defeat to Destiny", and how she overcame various traumas and devesting trials triumphantly. Her devotion is to help people who have been victimized heal and pursue their destiny.



#### Biography Arlene Martin-Norman

ARLENE MARTIN-NORMAN is the Founder of Healthier Future Consulting Ser-

vices & Sales, and an Independent Consultant with the Workplace Bullying Institute plus Co-Coordinator for the Tennessee Healthy Workplace Advocates Campaign. She has over thirty years experience as a public servant, in three levels of government: Federal, State and County; nonprofit human resources, nutrition and volunteer management. She has over twenty years of employment with the State of Tennessee, Department of Children's Services (DCS) in various positions and program types. She retired from DCS in Aug. 2014. She is an experienced Human Resources Disk Management Consultant specializing in organizational climate assessments, workplace toxicity, and over all HR Compliance.

Prior to her employment with DCS, she was employed with the Solano County Department of Social Services (CA); held a variety of positions and on several Air Force Bases (International and Stateside). She has over forty years of experience serving in executive leadership for several boards of directors. Arlene graduated from Cumberland University, with a Master of Science degree, in Public Service Management. She received her under graduate degree from University of Wisconsin - Parkside.

She has a Certificate from the Workplace Bullying Institute University, and is Certified to Teach English as a Second Language from the Tennessee Foreign Language Institute (TFLI). She continues to work as a Consultant, Adjunct Instructor, Community Activist, Advocate, and always acting as a Change Agent.



#### Biography Monty Burks, PhD

Dr. Burks currently serves as **Deputy Di**rector of The Governor's Faith Based and Community Initiatives for the State of Tennessee, where his focus is bringing the non-profit and faith-based community together to better serve Tennesseans. Burks

has used his own personal lived experience in the criminal justice system to provide insight and leadership in hiring formerly incarcerated and others that have fought and earned a second chance. In his former position he served as the Director of Faith-Based Initiatives for the Tennessee Department of Mental Health and Substance Abuse Services, where his role was engaging and connecting Tennessee's faith communities to the behavioral health care system, with the goal of expanding addiction and mental health support services across the state. He also oversaw the Tennessee Lifeline Peer Project, a state program aimed at reducing the stigma associated with people who suffer from addiction, the Tennessee Faith Based Community Coordinators, who seek to help congregations build their capacity to combat addiction and mental health issues in their respective community and the Collegiate Recovery Initiatives which aim to train colleges, universities, and other higher education on how to become recovery allies.



#### Biography Nichelle Foster

Nichelle Foster has been employed with the Metro Public Health Department in the division of Behavioral Health and Wellness for 22 years. In her current role, Nichelle supervises and manages the new Clinical Counseling and Therapeutic Services program with a team of seven coun-

selors and therapists. She holds several training certifications on various behavioral health topics (Suicide Prevention Awareness QPR; Mental Health First Aid, Trauma Informed Care Responses) to name a few. She provides these training courses in the local community and is willing to travel to provide the training/education. Nichelle is a Licensed Marriage and Family Therapist in Tennessee, and operates a private practice, *Care-N-Concern Counseling*. She also is a Licensed Alcohol and Drug Counselor (LADAC II). Nichelle is the mother to one amazing adult daughter.



#### Biography **Stan Bell**

Stan Bell is no stranger to Memphis and the Mid-South area. He communicates on and off the air. He is one of Memphis' most energetic and beloved radio personalities. He can be heard on radio station WDIA in the mornings, and on V101.1 FM in the afternoon. He has been serving us well for nearly 40 years on the

airwaves. He is a native Memphian--raised in North Memphis.

He graduated from Northside High School, and then on to college at UT-Martin and Union University, respectively. Stan is a proud member of Kappa Alpha Psi Fraternity, Inc. He is also Secretary of the International Rotary Club of Memphis.

He is married to the love of his life, Carla, and they are proud parents to three young men, better known as the "baby bellringers".



### Biography Dr. Lorenzo Norris

Dr. Norris currently serves as the Interim Senior Associate Dean for MD Programs for the George Washington University School of Medicine and Health Sciences. In this role Dr. Nor-

ris has broad leadership over the mission and outcomes of the UME, GME, and International Medicine MD programs at the GW-SMHS Dr. Norris served as the GW academic medical enterprise Chief Wellness Officer from 2021-2024 and co-founded the GW Resiliency and Well-Being Center. Dr. Norris Associate Professor of Psychiatry in the GWU department of Psychiatry and Behavioral Sciences. Dr. Norris currently serves as the Editor-in <u>Chief for MDedge Psychiatry Advisory</u> <u>Board</u>, a component of the larger <u>WebMD</u> multimedia health information platform and services.

In his previous role as Chief Wellness Officer, Dr. Norris has administrative and clinical oversight of the <u>GW- Resiliency and</u> <u>Well-being Center (R&WC)</u>, and the multitude of services for students, residents, faculty, and staff. The R&WC emphasizes the incorporation of integrative medicine and whole-person care principles, for the prevention and treatment of a variety of occupational stress-related conditions.

Dr. Norris currently serves on the American Psychiatric Association Committee of Continuing Medical Education and Lifelong Learning (CMELL) and is the <u>Chair of the APA Committee on Burnout and Well-Being</u> Dr. Norris has previously served as a member of the American Psychiatric Association Council on Psychosomatic Medicine, Dr. Norris is the former two term DC Chapter President of the Washington Psychiatric Society, and served on the Katzen Cancer Research Center Board of Directors. Dr. Norris was the recipient of the Leonard Tow 2011 Humanism in Medicine Award has been recognized as a Washingtonian Top Doctors for multiple years. Dr. Norris has been elected to membership in the American College of Psychiatry (ACP), and to the Group for the Advancement for Psychiatry (GAP).





Dr. Scherri A. Culp, a distinguished and licensed psychotherapist, holds a Doctorate in Behavioral Health and Executive Leadership.

Throughout her impressive 20-year career, Dr. Culp has adeptly man-

aged a broad spectrum of mental health and substance abuse conditions within inpatient and outpatient environments. Her proficiency extends to certifications and training in EMDR, IFS, and behavior modification. Highly esteemed by her colleagues, she currently serves as the CEO of Recovery Associates Group, a leading outpatient facility recognized by The Joint Commission.

Moreover, Dr. Culp is an active member of Alpha Kappa Alpha Sorority Incorporated and dedicates herself to significant community service initiatives.



#### Biography Laurie Powell

Laurie Powell, MA, MSSW, serves as CEO with Alliance Healthcare Services (AHS), which provides behavioral health and addiction services to over 22,000 individual and families at 19 locations throughout Shelby County in Tennessee. 2023 marks 30 years of employment at Alliance where Ms. Pow-

ell has previously served in the roles of Vice President of Clinical Services, Deputy Director, and Clinical Director. Ms. Powell is a member of the Tennessee Association of Mental Health Organizations and currently serves on their Board of Directors and Legislative Committees. She has also served on Mayor Strickland's Community Health Steering Community, Shelby County Covid-19 task force representing behavioral health, the Shelby County non-profit committee and the Healing Center's Wellness Clinic Board of Directors. She is dedicated to partnering with the community to "promote wellness", the mission of Alliance Healthcare Services.

Ms. Powell received a bachelor's degree in psychology from the University of Memphis, and an MSSW from the University of Tennessee, Knoxville.



### Biography Kevin Whalum

Kevin Whalum. No doubt some of you hearing or reading this are already familiar with the entertainer, A native Memphian, Kevin is a proud graduate of Melrose High School. However, fewer know about the minister, Kevin Whalum.

A 30+year veteran entertainer, he is known as a performer's performer in the music industry. His latest single is a song called, "Somebody Somewhere" which is a song about God watching over people when they stray away from Him. That song is currently being played on Sirius/XM Radio's *Watercolors* station. He is also the brother of jazz saxophone legend, Kirk Whalum. The son of the late Memphis pastor, Rev. Kenneth T. Whalum, Kevin was the last of his father's three sons to receive the call to preach. He accepted the call in October of 2014, and in November of 2015 delivered his first sermon.

Kevin has worked with some of music's most respected artists, including, but not limited to, his brother, Kirk, the late George Duke, Michael McDonald, Take 6, Marcus Miller, Lalah Hathaway, Kim Burrell, Patti Austin, Maysa, and Jonathan Butler. He attributes his success in that industry to a hand being held firmly by Jesus himself. Kevin is an impressive writer and speaker and has worked to motivate and educate Memphis-area students via a curriculum he created called the "Targeted Improvement of Selfesteem (TISE©)" program. Kevin is a graduate of Morehouse



### Biography Victor Armstrong

Victor Armstrong serves as VP for Health Equity & Engagement with the American Foundation for Suicide Prevention. He is a nationally recognized speak-

er on issues regarding health equity and access to healthcare, particularly as it relates to individuals living with mental health challenges.

Victor served as Director of NC Division of Mental Health, Developmental Disabilities, and Substance Abuse Services (Mental Health Commissioner). Prior to this role Victor served as Vice President for Behavioral Health with Atrium Health in Charlotte, NC.

He is the host of "Strong Talk", a monthly podcast dedicated to the discussion of equity, access, and impact as it pertains to mental health and addictions.

Victor currently serves on the Steering Committee of the National Action Alliance for Suicide Prevention. He also serves on the Board of Directors for i2i Center for Integrative Health, College for Behavioral Health Leadership, and McLeod Centers for Wellbeing. In addition, Victor serves on the board of advisors for East Carolina University School of Social Work and the 988 National Steering Committee. He is a member of the NC Institute of Medicine and National Association of Social Workers.

Victor graduated, Magna Cum Laude, from North Carolina Central University with a bachelor's degree in Business Management and received a Master of Social Work (MSW) from East Carolina University. He is the husband of Dr. Charletta Armstrong and the father of 3 sons, Carter, Alonzo, and Victor Jr.



#### Biography Courtney Tipper

Courtney Tipper, MHA, is the Deputy Administrator-Special Deputy Director of Operations & Programming with the Shelby County Health Department. In her role, Courtney is responsible for program planning, program evaluation, and related financial activities in the area of clinical

compliance, strategic planning, workforce development, and public health accreditation.

Prior to her role as Special Deputy Director of Operations & Programming, Ms. Tipper was responsible for coordinating efforts between Shelby County's public health systems, hospitals, health care providers, and local government officials to address the county's most critical health problems (i.e., infant mortality, chronic disease management, and end-oflife care).

Courtney's passion for health care, public health, and her community are hard to miss. She is a long-time resident who calls Memphis, TN, home.

Ms. Tipper spends her free time serving on several local boards and committees. She is an advisory board member for the Fogelman College of Business Professional Development Center, the Tennessee Public Health Association, and a Leadership Memphis and Embark graduate





Anthony J. Buckner, a dedicated father of two children, grew up in the inner city of Memphis, where he learned the value of hard work from a young age.

As Chief Deputy of the largest sheriff's office in Tennessee, Anthony oversees approximately 2500 inmates and nearly 1500 employees.

Anthony's impressive career in law enforcement began 20 years ago when he joined the Shelby County Sheriff's Office. Over the years, he has held various roles within the sheriff's office, including Fugitive, Patrol, Gang Unit, Narcotics, Crime Prevention, Patrol Sergeant, Criminal Courts Sergeant, Lieutenant in Internal Affairs, Captain in the Public Information Office, and Chief Inspector as Director of Training. In recognition of his outstanding leadership and dedication, Sheriff Floyd Bonner, Jr. appointed Anthony as Chief Deputy on July 25, 2023.

In addition to his extensive experience in the field, Anthony holds a Bachelor of Science degree and a Master of Science degree in Criminal Justice from Bethel University. He is also a graduate of the prestigious FBI National Academy, further enhancing his skills and expertise in law enforcement.

As Chief Deputy, Anthony Buckner continues to lead by example, demonstrating a strong commitment to serving the community and ensuring the safety and well-being of all residents. His exceptional leadership qualities and passion for making a difference have truly set him apart as a distinguished leader in the field of law enforcement.



### Biography Rawle Andrews, Jr. ESQ

Rawle Andrews, Jr., Esq. is the executive director of the American Psychiatric Association Foundation, the philanthropic arm

of the American Psychiatric Association (APA). Founded in 1844, the APA is the oldest medical association in the United States and the largest psychiatric association in the world. He also is the only living, two-term president of the Bar Association of the District of Columbia (BADC). Rawle is a member of the Thurgood Marshall Center Trust Board of Directors; a Fellow of the American Bar Foundation; a member of the D.C. Superior Court Civil Rules Advisory Committee; a member of Rotary International-District 7620; and national chairman of the Public Policy Committee of Kappa Alpha Psi Fraternity, Inc. He also has held adjunct professorships at Georgetown University and the Howard University School of Law. Rawle's commendations include: the 2025 Class, Houston-St. Thomas High School (TX) Hall of Honor; the 2024 Huntsman Honors Awardee for Mental Health Advocacy & Outreach; a 2022 U.S. Presidential Lifetime Achievement Award for Volunteer Service; the 2016 National Humanitarian Award, the National Association of Black Veterans (NABVETS); and the 2006 D.C. Bar's Pro Bono Lawyer of the Year Award



## Biography **Dr. Donna Holland,** PHD

Donna Holland Barnes, PHD, is a certified Master Trainer for suicide prevention and intervention. She trains faculty, staff, students as well as the community on how to recognize

the signs of someone who is in a suicidal crisis. She is also the founder of the National Organization for People of Color against Suicide (NOPCAS) after losing her son to suicide while he was in college. Dr. Barnes teaches suicide risk management for the College of Medicine's Department of Psychiatry at Howard University and has published many articles, chapters, and given presentations on the topic across the country. She is the author of the Truth By Suicide published by DWJ books in New York as part of the "Truth by Suicide series..." for middle and high school students. She has developed a campus-wide prevention program at Howard University and through NOP-CAS has conducted a support group for friends and family member of victims of suicide. Barnes has been featured on several radio shows and media outlets including NPR, CNN, The Huffington Post and The Washington Post. She currently serves on the military task force for the National Alliance for Suicide Prevention.

She is the Founder and CEO of DHB Wellness & Associates, LLC where she conducts life coaching, grief recovery, and suicide prevention training on suicide risk management.



## Biography Frank Stevenson

Frank D. Stevenson is a visionary leader, dynamic speaker, and compassionate servant whose impact spans across Middle Tennessee and beyond. With over 20 years in ministry, he serves as the Senior Pastor of Friendship Missionary Baptist Church in Nashville,

where he delivers inspiring sermons and uplifts the community through service and advocacy. In addition to his pastoral role, Stevenson has served more than a decade as Vice President and Dean of Students at Tennessee State University, shaping the lives of countless students. His leadership journey also includes roles as Executive Director of a local charter school and Executive Deputy Director of the Tennessee Office of Minority Health, where he championed equity and access to health resources. Currently, Stevenson contracts with the Tennessee Department of Tourist Development, where he helps coordinate special projects, including initiatives related to the National Civil Rights Trail.

A proud *Music City native*, Stevenson has been appointed to several influential boards. He formerly chaired the Metro Hospital Authority Board, playing a key role in supporting Nashville General Hospital's mission to better serve the community. He currently serves on the Nashville Predators Foundation Board and was recently appointed by the mayor to the Metropolitan Development and Housing Agency (MDHA) board.

His academic journey includes a B.A. from the University of Tennessee at Martin, a Master of Public Administration from Murray State University, and ongoing doctoral studies at Trevecca Nazarene University. Frank D. Stevenson's life reflects an enduring commitment to faith, education, health equity, and social progress—living proof that one life, rooted in purpose, can inspire many.



## Biography Christopher Rhone

Christopher M. Rhone is a Care Coordinator in the Opioid System of Care Process Program with the Behavioral

Health & Wellness Division with the Metro Public Health Department in Nashville. In his role, he works to create a System of Care with individuals and families impacted by substance use, connecting them to treatment, mental health care, housing support, and other critical wrap-around services. Before stepping into this position, Chris served as a credible messenger in Metro's community violence intervention efforts-using his lived experience and hard-earned trust to engage with individuals at the highest risk of harm. His work helped bridge gaps between the community and systems of care, opening doors to healing and transformation. Chris is also a board member of the 200 Man Stand, a grassroots nonprofit dedicated to peace, opportunity, and restoration. Through his leadership, the organization has brought job training, expungement support, and mentorship programs to underserved neighborhoods in Tennessee and Mississippi. With deep roots in the community and a passion for equity and redemption, Chris continues to champion second chances and holistic solutions for those most in need.





Dr. Alicia Barnes, DO, has been appointed as the inaugural Urban Child Institute (UCI) Endowed Chair of Excellence for Child and Adolescent Psychiatry of UTHSC. This prestig-ious role highlights Dr. Barnes' com-

mitment to advancing children's health in Memphis and the surrounding region.

Dr. Barnes expressed her excitement about contributing to the ongoing efforts of the Center for Youth Advocacy and Well-being collaborating with long-standing organization like UCI, and foster partnerships between academic and community institutions.

The announcement was met with enthusiasm during a recent UCI board meeting, where Dor Altha Stewart highlighted the moments this appointment brings to integrating UTHSC's child and adolescent psychiatry program with community -based mental health services.

In related news. Trey Eubanks announced that selection of a new director of psychology for LeBonheur Children's Hospital, expected to start in the coming months. Together, these appointments are set to strengthen the region's behavioral health system for children and adolescents, supporting a cohesive system of care that prioritizes the well-being of youth and their families.





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#### ADVOCACY

We advocate for funding and more access to mental health services at local, state and grassroots levels. We promote open conversations about mental health and self-care through our website and Facebook page to help combat stigma and prejudice and promote education, awareness and access to services.

HELP is available. If you or someone you know are experiencing anxiety, depression, suicidal thoughts, other mental health symptoms or are experiencing a crisis, call:

The Suicide and Crisis Lifeline, 988 (24 hours a day)

For emergency help, call 911.

. In Memphis, you may also call the local crisis center at 901.274.7477.

CALL the Living Well Network, 901.762.8558 (Monday-Friday, 8 a.m.-4:30 p.m. Central Time) for support and referrals.

For more information about the Dennis H. Jones Living Well Network, email or visit thelivingwellnetwork.org.



Dennis H. Jones Living Well Network

Agape Child and Family Services is proud to support the 11th National Suicide and The Black Church Conference.



## NEW SARDIS BAPTIST CHURCH

## A PLACE OF

### & HEALING FOR ALL

New Sardis Church supports the 11<sup>th</sup> National Suicide and the Black Church Conference in its heartfelt efforts and impact of shedding light on suicide prevention in the black church! "Together We Stand!" Love, Rev. Dr. Darell Harrington, Lady Shayda, & the entire New Sardis Church Family!

#### SUNDAYS @ 9:30 AM WEDNESDAYS @ 6:30 PM



NEW SARDIS BAPTIST CHURCH newsardischurch.org

7739 E. Holmes Rd. Memphis, TN 38125

> Rev. Dr. Darell Harrington, Senior Pastor

Worship.

## <u>ABOUT US</u>

CMI Healthcare Services is a private, non-profit 501C3 organization founded in June 1990 to provide community based mental health services. The organization has seen tremendous growth and development over the past 30 years. Today, CMI is one of the largest fully integrated comprehensive behavioral health and primary care organizations in the city of Memphis.

CMI utilizes many principles to include Recover Principles and Evidence Based Practices to assist in the delivery of our services that strive to empower individuals to reach their optimal level of wellness and functional capability by serving the whole person: mind, body & spirit.

## SERVICES PROVIDED

- Primary Care Services
- Tennessee Health Link Provider (THL)
- Care Management Services (Adults & Children)
- Behavioral Heath Medication Management Clinic
- Walk-In Access to Behavioral Health Services
- HID Transitional Home Services 24/7
- Residential Treatment Services
- Homeless Prevention Services
- Individual & Group Therapy
- GED Preparation Classes
- Vocational Rehabilitation Training
- Victim of Crime Advocates (VOCA)
- Substance Abuse Outpatient Services
- Mid-South Food Bank Partner Agency
- On-Site Pharmacy Services (provided by First Pharmacy Services Inc.)





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#### JOHN E. BELL D.P.M., MHSA *Surgical Podiatrist Physician*



- Memphis Podiatric Medial Association
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- Better Business Bureau of Memphis (BBB)
- American Board of Lower Extremity Surgery
- Bluff City Medical Society Memphis TN Chapter
- Phi Beta Sigma Fraternity Inc.
- American Society of Podiatric Dermatologist
- Author "Invasion of the Baby Daddy"



Nice To Meet You Consult Now!

#### PREVENTING SUICIDE

#### Preventing suicide is not always possible, but there are risk factors you can look for that can lead to intervention, and possibly save someone's life.

#### SIGNS AND SYMPTOMS TO LOOK FOR:

- Excessive sadness or moodiness Prolonged sadness, mood swings and unexpected rage.
- Problems sleeping Daytime listlessness, drowsiness and nodding off.
- Sudden calmness This can mean a decision to commit suicide has been made.
- Social withdrawal Choosing to be alone and avoiding friends and family.
- Change in personality Odd, unexpected behavior; unconcerned about personal appearance.
- Making preparations Getting affairs in order can indicate an intention to end one's life.
- Dangerous or self-harming behavior Physical or sexual recklessness; drug use.
- Threatening suicide Most, but not all, people who consider suicide will give someone a warning sign.

#### PEOPLE MOST LIKELY TO ATTEMPT SUICIDE:

- People who know someone who committed suicide
- People with mental illness or emotional tendencies
- · People with medical issues or a terminal illness
- People with substance abuse problems
- Older people who've lost a spouse through death or divorce

#### IF YOU THINK SOMEONE IS SUICIDAL:

- Don't be afraid to ask if they are depressed or thinking about suicide.
- Ask if they are taking medication or seeing a therapist.
- Try to keep the person as calm as possible.
- Do not leave the person alone and ask for help from a friend or family member.
- Call 911 or take them to an emergency room.

If you or someone you know is having suicidal thoughts, please call or text 988 to reach the National Suicide Prevention Lifeline. Chat services available at chat.988.lifeline.org



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#### MT. VERNON BAPTIST CHURCH WESTWOOD SUPPORTS

The National Suicide in the Black Church Initiative



Melvin Watkins, Senior Pastor 620 Parkrose Road Memphis, TN 38109 (901) 785-1612 stayconnected@mt-vernon.org

"A Place Where Jesus Is Lord, Everyone Is Loved, and No One Stands Alone"

## mental health matters. LET'S TALK ABOUT IT



Anxiety Addiction Depression Relationship Issues

# JACQUELYN TAYLOR-MAYS

901.621-5069 TaylorMaysJ@gmail.com



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## TOGETHER WE STAND



## WE HAVE THE SERVICES YOU NEED...





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#### **COMMUNITY**

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#### FREE PRIMARY HEALTH CARE CLINIC

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## PURSUIT OF GOD CHURCH MEMPHIS 3759 N. WATKINS MEMPHIS, TN 38127

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#### WE FOCUS ON ASSISTING YOU IN DISCOVERING YOUR INNER PEACE



SCAN QR CODE TO LEARN MORE ABOUT OUR FREE COUNSELING SERVICES



"Riverside Missionary Baptist Church is a place where we aim to evangelize God's word, equip God's people, edify God's name and empower our community."

#### **Riverside Missionary Baptist Church**

#### PROUDLY SUPPORTING THE 11TH

National Suicide and The Black

Church Conference





Dr. Reginald S. Boyce, Pastor 3590 South 3rd Street Memphis, TN 38109 Phone: (901) 789-4570

Worship Times Sunday Morning 8am and 10am The Year of Faith YOU ARE WELCOME HERE

FRIENDSHIP

## FRIENDSHIP BAPTIST CHURCH

FAITH FAMILY TUPE

**A BEACON OF LIGHT FOR MEMPHIS** 

Dr. Walter J. Green, Senior Pastor

WORSHIP SERVICE: SUNDAY AT 10 AM SUNDAY SCHOOL: SUNDAY AT 8:45 AM BIBLE STUDY: WEDNESDAYS AT 12PM (NOON) AND 6PM

🔉 1355 Vollintine Avenue, Memphis TN 38107





Friendship Baptist Church Klondike

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#### Mark D. Greenberger, MD

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- Prostatitis
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- Enlarged Prostate Treatment
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- Advance Prostate Cancer
- Incontinence
- Bladder Dysfunction
- Bladder Prolapse
- Urinary Tract Infections
- Bladder Training
- Interstitial Cystitis

## **#TNWontBeSilent**



## **Suicide Is Preventable**

LEARN THE WARNING SIGNS START THE CONVERSATION SAVE A LIFE

SCAN THE QR CODE TO LEARN MORE ABOUT PROGRAMS, WARNING SIGNS, AND RESOURCES TO GET HELP





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Experience

11:00 AM

Pastor Kelvin Bowen & Lady LeAnn Bowen

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n the Black Church Conference

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DR.(S) CHRISTOPHER AND RHONDA DAVIS



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## CONQUERING DEATH'S STING overcoming the pain of grief



SHELLY PRYOR DRAKE











on the 11<sup>th</sup> Suicide in the Black Church Conference

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Together We Stand

Wishing Pastor Young and The Healing Center a successful conference. Alliance is proud to be a partner in changing the stigma of mental health

Crisis Wellness Center 3200 Broad Ave

24/7 Crisis Services (901) 577-9400

www.alliance-hs.org

## A Mentally Healthy Nation **For All**

Our community-based programs are designed to inform and empower. We work to remove barriers to mental health care, increase public awareness, and address the unmet needs of underserved populations in key sectors of the community - where we live, learn, work, worship, and play.

We are proud to support the 2025 Suicide and the Black Church National Conference



mentalhealthcareworks.org